

Friday 12 March 2010

10:30-11:30

Developing and working in a community generalist palliative care team

Dr Paul Barker

Miss Pauline Cartmell, Community Matron, Generalist Palliative Care Team, Bournemouth

Dr Simon Pennell

GP, Southbourne Surgery

The End of Life strategy has now offered a stimulus to develop and improve palliative care services.

In 2005 a Community Generalist Palliative Care team was launched across the Bournemouth area with the support and vision of the PCT. Our motive grew from the observation that there is a 'Paradox in Death' – that is;

Most dying people would prefer to remain at home, but most of them die in institutions.

Most of the final year of life is spent at home, but most people are admitted to hospital to die.

Our aim has been to provide a service that has the intention of providing care for patients in the community for as long as possible, and whenever possible allow the patient's choice to die at home to become a reality with the support of a multidisciplinary team in the community.

We would like to share and discuss with you in an interactive workshop how the service has developed, and just how it works. We shall share clinical cases and scenarios with you to demonstrate not only the strengths and successes of the service but also to identify some of the difficulties and limitations we have identified on the way.

Dr Simon Pennell

Dr Simon Pennell has been a local GP for 20 years during which time his passion and recognition of the value of quality End Of Life care has grown. He has been a Macmillan GP Facilitator for several years supporting the organisation of palliative care in primary care. He is a GPwSI in palliative care with the community palliative care team in Bournemouth. Between 2005 and 2007 he completed the Diploma in Palliative Care in Cardiff University passing with Distinction. He has worked closely with the local Out of Hours Service to support work aiming to provide a high standard of care out of hours.

Pauline Cartmell

Pauline Cartmell Community Matron for the Generalist Palliative Care Team
Bournemouth and Poole Community Health Service

Joined NHS in 1970 and worked as an Enrolled Nurse till 1989 following further training became a Registered Nurse in 1990.

Predominantly worked mainly Medical Wards until 1999 when she became a Lung Cancer Nurse Specialist for the Royal Bournemouth Hospital, working within the community and hospital environment.

2003 joined the Bournemouth Primary Care Trust as a Coordinator for Intermediate care, piloted the "Evercare Project" for the PCT which later established the first Community Matrons within the Bournemouth area.

Within the same PCT changed roles to monitor standards of care within local Nursing Homes, following on from the monitoring role, commenced work within the Continuing Health Care Team. Missing the patient contact and palliative care nursing began the role of Community Matron in Palliative Care in 2008.