



# The 10th Palliative Care Congress

**12<sup>th</sup> – 14<sup>th</sup> March 2014**

**The Harrogate International Centre, Harrogate**

## **Invited Speaker Biography**

### **Session Details**

Thursday 13 March 2014

0830 hrs – 0930 hrs

Masterclass

“Supporting Sexual Intimacy in Palliative Care”

### **Dr Isabel White**

**PhD, MSc Nursing, P/GDip Psychosexual Therapy, BEd(Hons)  
DipLSc Nurs, RGN, RSCN, RNT, Onc. Cert.**

Isabel White is a cancer nurse, psychosexual therapist and clinical researcher. She works at the Royal Marsden NHS Foundation Trust, London, as a clinical research fellow in psychosexual practice and at King's College, London, as a post-doctoral research fellow.

As a clinical academic in cancer care she integrates clinical therapy practice with research leadership related to the assessment and management of male and female sexual difficulties associated with cancer treatment. She is an accredited psychosexual therapist (**College Of Sexual & Relationship Therapists**) and since 2010 has offered therapy to clients experiencing a range of sexual difficulties arising from cancer treatment.

In 2009 she was awarded a Remedi / Macmillan Post-doctoral Clinical Research Fellowship that builds on her Cancer Research UK funded doctoral work exploring the development of a psychosexual assessment strategy for female sexual difficulties associated with pelvic surgery and radiotherapy.

Also in 2009, as part of a Florence Nightingale Scholarship, she visited Memorial Sloan Kettering (MSKCC) in New York and the Dana Farber Cancer Center in Boston to explore models of sexual rehabilitation.

Isabel contributes to UK cancer policy through work streams of the National Cancer Survivorship Initiative (NCSI) and the Consequences of Cancer Treatment Collaborative (CCat) for nurses / AHPs led by Macmillan Cancer Support and the Department of Health. Isabel is a member of the British and International Societies for Sexual Medicine (BSSM & ISSM), the Royal College of Nursing Oncology Nursing Forum and the United Kingdom Oncology Nursing Society (UKONS). She is also board member and secretary to the International Society for Sexuality & Cancer (ISSC).

Isabel presents regularly at conferences, is a reviewer for a number of European and International oncology and sexology journals and has published regularly on the topic of sexuality and cancer.