



The 11th Palliative Care Congress
Glasgow 2016

Speaker Biography

Professor Stuart Egginton

Chair in Exercise Science, School of Biomedical Sciences, University of Leeds

Professor Egginton's research ranges from 'bench to bedside' examining the basic for skeletal muscle adaptation, with particular emphasis on the microvascular compartment.



Starting at a molecular level utilising a range of animal models, through to working with patients, health practitioners and specialists in other disciplines, the ultimate aim is to understand how we can use exercise to facilitate healthy ageing, minimising the need for medical interventions. He serves as an editor for the journal *Microcirculation*, and enthusiastically supports public engagement activities as a STEM Ambassador.