



The 11th Palliative Care Congress Glasgow 2016

Session Abstract – Symptom Update Masterclass

Evidence for the management of dyspnoea

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Friday 11 March 2016

1130 – 1230 (*Sara's presentation from 1130 – 1150*)

There is an increasing evidence base for the management of this difficult symptom. First there is clear evidence linking severity of dyspnoea to prognosis in the short and longer term. There are now well validated outcome measures for use in the clinical and research settings. The role of non-pharmacological interventions in the mobile patient with breathlessness and the safety of currently available drug treatments in the breathless person approaching the end of life have also been clarified. In this presentation the evidence will be reviewed with recommendations for clinical practice given.