



The 11th Palliative Care Congress Glasgow 2016

Session Abstract – Symptom Update Masterclass

New developments in anti-emetics

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Friday 11 March 2016

1130 – 1230 (*Elaine's presentation from 1150 – 1210*)

Nausea and vomiting remains one of the most distressing consequences of cancer. Its impact can be physical, psychological, social and emotional, negatively affecting quality of life and potentially causing a decline in performance status. Evidence suggests health care professionals underestimate the impact of nausea and vomiting on quality of life and in particular patients have reported nausea to be more distressing than vomiting. In addition the burden on healthcare resources is high in poorly controlled nausea and vomiting.

This session will include a brief resume of the causes of nausea and vomiting and examine management approaches. This will include the appropriateness of pharmacological and non-pharmacological approaches. It will discuss the role of new anti-emetics and new routes of administration. Finally it will discuss efforts to engage the whole health care team in managing this distressing problem.